



INLAND INSTITUTE

ORAL AND MAXILLO-FACIAL SURGERY
COSMETIC SURGERY

1333 E. Foothill Boulevard, Suite 1 ❖ Upland, CA 91786
Phone (909) 982-8888

Buccal Fat Pad Excision

Diet - Soft diet for two to three days.

Sutures - Dissolve in about two weeks.

Wound Care - Rinse mouth with Peridex three times per day and after all meals.

What to Expect - Mild to moderate swelling and pain is normal. If numbness occurs it will subside within the first couple of weeks. As numbness subsides, it is common to feel tingling or sharp sensations. These sensations will eventually go away, however it may take months to resolve.

Signs of Hematoma - A hematoma is a painful extreme hardness sometimes accompanied by bruising, usually unilateral causing asymmetry. Please notify us if you have any symptoms you are concerned with.

Please Purchase these items from your local drug store before surgery

Prescription medication