



INLAND INSTITUTE

ORAL AND MAXILLO-FACIAL SURGERY
COSMETIC SURGERY

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Chin Augmentation

Dressing - There will be tape under your chin that will be taken off at your one week follow-up appointment.

Sutures - Dissolve in about two weeks.

Wound Care - Tape should be cleaned daily in the shower by lathering with soap and water. The tape can be dried by blotting with dry towel or by using a hairdryer at a low setting (do not use the heat setting). Once your surgeon removes the tape, the incisions are to be cleaned with diluted peroxide and coated with antibiotic ointment or scarguard as instructed.

Activity - Elevate head of bed 30 degrees. Apply ice or frozen peas to chin and jowl area for 24 to 48 hours. Increase activity as tolerated with no heavy exercise or lifting for at least two weeks. Avoid driving while still taking prescription pain medication.

What to Expect- Swelling, bruising and some bloody drainage is normal. As numbness subsides, it is common to feel tingling or sharp sensations. These sensations will eventually go away, however it may take months to resolve.

Please Purchase these items from your local drug store before surgery

Prescription medication