**Obagi Blue Peel**

**Recovery Period:** You will experience light swelling and your skin will begin to peel within two to three days. The peeling will continue for the next several days and should be healed in approximately seven to ten days. The peeling should not interrupt your regular lifestyle for long but you may want to limit your normal activity. Your skin’s appearance will continue to improve for the next four to six weeks. In some cases, one to three peels are required to achieve dramatic improvements in many skin problems. The peels may be performed in six to eight week intervals until desired goals are reached.

**Makeup:** Makeup should not be applied until after the skin is completely healed. If your skin becomes dry and cracked you may purchase Aquaphor Ointment from a drugstore.