



# INLAND INSTITUTE

ORAL AND MAXILLO-FACIAL SURGERY  
COSMETIC SURGERY

1333 E. Foothill Boulevard, Suite 1 ❖ Upland, CA 91786  
Phone (909) 982-8888

## Otoplasty

Dressing - If a dressing is used, it should be left on until the first follow-up visit. At this appointment you will receive a head wrap which you will wear 24 hours a day for one week and 12 hours a day for the next three weeks.

Sutures - Dissolve in about two weeks.

Wound Care - Incisions should be cleaned with diluted peroxide and coated with antibiotic ointment three times a day.

Activity - Increase activity as tolerated with no heavy exercise for two weeks. Elevate the head of the bed 30-40 degrees and sleep only on your back for one week.

What to Expect - Swelling, bruising, and bloody drainage is normal.

Signs of Hematoma - Painful extreme swelling and hardness often accompanied by bruising, usually unilateral causing asymmetry. Please notify us if you have any symptoms you are concerned with.

Please Purchase these items from your local drug store before surgery

Prescription medication  
Antibiotic ointment  
Peroxide